

1st Edition

Latest news and bulletin updates Mu Iota Chapter of The Omega Psi Phi Fraternity, Inc. Reg Adams Director of PR/Publisher

EXECUTIVE BOARD

Bro. Thomas Hill Basileus

Bro. McKenzie Harmon Vice Basileus

Bro. Nicholas Williams Keeper of Records and Seal

Bro. Jerome Ross II Keeper of Finance

Bro. Roberto Pierre Keeper of Peace

Bro. Reg Adams Chapter Editor

Bro. Eugene Mitchell Chapter Chaplain

COMMITTEE CHAIRS

Achievement Week Bro. Anthony Wilson

Mardi Gras Bro. Roderick Booker

NPHC Bro. Matt Stinson

Omega Gents Bro. Anthony Alston

Social Action Bro. Stephen Jones

Undergraduate Report Sigma Psi

Uplift Bro. Chester Harden



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BASILEUS CORNER

Brother Basileus Thomas Hill



Make a Difference!

Action speaks more than words. Whether the work involves education initiatives, faith-based action, community engagement, or noticing need in your daily life, there is plenty of work to do within the community.

The words of Brother Gene Williams can help you decide how you may make a difference,

"Find one thing you like to do and do it!"

In line with this thought, touch base with Social Actions Chair Brother Stephen Jones.

Brother Jones has his finger on the pulse of the community and can steer you towards projects that uplift the community.

"Our lives begin to end the day we become silent about things that matter." Dr. Martin Luther King Jr.

OMEGA STUDY

The Fraternity during the decades of the 1940s through the 1960s

THE FORTIES

The Omega "Sweetheart Song", with words and music by Don Q. Pullen, was adopted as the official



sweetheart song by the 1940 Nashville Grand Conclave. Founder Ernest E. Just entered Omega Chapter in 1941. In 1941,



(Honorable Founder Brother Ernest E Just)

Dr. Charles Drew perfected the



(Brother Charles Drew) use of blood plasma as a lifesaving tool. William Hastie resigned as Civilian Aide to the Secretary of War in protest against discrimination in the Armed

William Hastie



Senior Judge of the United States Court of Appeals for the Third Circuit In office

May 31, 1971 – April 14, 1976 Judge of the United States Court of Appeals for the Third Circuit

Forces. He was later appointed Governor of the Virgin Islands by President Truman. In 1949, the first National Headquarters Building at 107 Rhode Island Avenue, N.W., Washington, D.C. was purchased. **H. Carl Moultrie**,



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(Brother H. Carl Moultrie) I was selected to serve as the first National Executive Secretary. In 1949, the scholarship fund was renamed the Charles R. Drew Memorial Scholarship Fund.

THE FIFTIES

During this era, the thrust was social change. Thousands of Omega men in every area of the country were actively involved in the fight to eliminate racial discrimination.



(Rosa Parks being finger printed marking the beginning of the Montgomery Bus Boycott) An entire book could be written about this phase of Omega activities. The 1955 Los Angeles Grand Conclave initiated a program whereby each graduate chapter would purchase a Life Membership from the NAACP. Between 1955 and 1959, chapters contributed nearly \$40,000 to the NAACP. In the fifties, Omega Psi

Phi took an official position against hazing as a fraternity



activity. This anti-hazing position remains in effect today, and the policy banning hazing has been strengthened.

THE SIXTIES

The struggle for social justice shifted into high gear. Brothers were active participants in the "sitins" and other demonstrations designed to call attention to the plight of black Americans. Undergraduate brothers especially were involved in the demonstrative aspect of the civil rights struggle.



In 1961, the Washington, D.C. Grand Conclave did an excellent job of highlighting the fifty years of accomplishments by Omega.



Brothers attended the 1961 Golden Anniversary Conclave in record numbers. Founders Love,

Cooper, and Coleman were present.



L-R Honorable Founders Brothers Frank Coleman, Edgar A. Love, and Oscar J. Cooper)

Thirteen of twenty-three former Grand Basilei were in attendance. Young brothers had the once-in-alife-time opportunity to mingle with some of the greatest black men that America had produced.

The Golden Anniversary Conclave authorized \$140,000-\$150,000 for the construction of a new National Headquarters Building in Washington, D.C. In 1964, the new National Headquarters Building was dedicated.

The building was a dream come true and was the first building of its type to be built by a black fraternity.

Founders Love, Cooper and Coleman participated in the ceremonies. The name was later changed to the International Headquarters. It is located at 2714 Georgia Avenue, N.W., Washington, D.C. 20001.





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(Former site of IHQ) Robert H. Lawrence (in 1966) was selected as the first Black to serve in the Astronaut Program. Lawrence had earned a Ph.D.



(Brother Robert H. Lawrence) Degree in chemistry at The Ohio State University. Founder Frank Coleman entered the Omega Chapter in 1967.

The 1968 Charlotte Grand Conclave mandated a Constitutional Convention for the revision of the Constitution and By-Laws as well as the Ritual. The Convention was held in Atlanta in 1969.

NEWS

CHAPTER ELECTIONS

Mu Iota held elections on April 10, 2024 to set in-place the executive board that will lead the chapter for the 2024-2025 term.

Mu Iota Executive Board 2024 - 2025

Basileus Brother Thomas Hill Jr.



Theta Psi 93

Vice Basileus Brother McKenzie Harmon



Mu Iota 17

Keeper of Records & Seal Brother Nicholas Williams



Mu Iota 22

Keeper of Finance Brother Jerome Ross II



Mu Iota 23

Keeper of Peace Brother Roberto Pierre



Mu Iota 21

Chapter Editor Brother Reginald Adams



Nu Omega 78

Chapter Chaplain Brother Eugene Mitchell



Pi Psi 88



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MEMORIAL SERVICE



March 14, 2024. In a solemn but encouraging hybrid ceremony (via Zoom and in-person at the fraternity house), the brothers of the Mu Iota Chapter paid tribute to the Omega Founders, and Omega Brothers that entered Omega Chapter during the previous twelve months.

No brothers of the Mu Iota Chapter entered Omega Chapter during the previous twelve months.

SOCIAL ACTIONS Bro. Stephen Jones

EASTER EGG HUNT

On Sunday March 31, 2024, the brothers of the Mu Iota Chapter



in conjunction with the Omega Community Enrichment Foundation hosted the annual

Easter Egg hunt at the Christ United Methodist Church located at 1480 Zettler Rd in Columbus Ohio.

VOTING QUESTIONS

Are you currently registered to vote? Do you know the location of your polling site? If you are

CHECK YOUR VOTER STATUS & GET YOUR POLLING LOCATION HERE

unsure of the answers to these questions, or if you want to confirm your status, then click the icon.

OMEGA GENTS

Omega Gents studied "manhood"



and "building character" during the Gents' March 23, 2024, study session.



Mackenzie Lewis Places at 4th District Talent Hunt Mu Iota's Candidate Mackenzie

Lewis placed second at the 2024 edition of the 4th District Talent



Hunt. The talent ladened event was held at Princeton High School in Sharonville Ohio on April 5,



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2024. Miss. Lewis performed a dramatic spoken word piece she authored entitled, "Black Girl".



Miss Lewis is a Senior at Afrocentric Early College High School in Columbus Ohio. Miss Lewis had a busy high school career:

- She is a varsity volleyball player.
- She volunteers in the community with Delta Gems.
- She is the immediate Past President of the Youth Advisory Board.
- She has started her own nonprofit organization named "Kids Helping Kids."



After graduation from Afrocentric, she will attend Texas Southern University in Houston Texas.

NOTE: In-depth coverage of the 2024 District Meeting Coming in a follow-on edition of MI News

HEALTHY QUES

D THE OHIO STATE UNIVERSITY COMPREHENSIVE CANCER CENTER

A Message from OSU on the Prevention of Prostate Cancer While there's no guaranteed way to prevent prostate cancer, there are things you can do to help reduce the likelihood that you may develop it.

Here are some steps you can take to help prevent prostate cancer: **Eat better.** We are still learning about how diet may impact whether you get prostate cancer.

We know that countries with unbalanced diets and high rates of obesity, such as North America and Northern Europe, have a greater risk of prostate cancer.

A diet that is rich in a variety of whole grains, fruits, and vegetables, while modest in saturated fats and simple sugars, is the foundation for healthy eating.

Investigators at the OSUCCC – James are conducting research on whether foods rich in phytochemicals such as tomatoes, soy, and berries, as well as fiber rich foods, may help reduce prostate cancer risk.

Of course, it's also important to balance your nutritional needs, like daily calories, to maintain a healthy body weight and avoid obesity.

Patients who are undergoing therapy for prostate cancer, such as hormonal therapy, or are cured through early detection and <u>treatments</u> may also benefit from choosing healthy foods and avoiding obesity.

A good diet can help you respond better to prostate cancer treatments.

Move more. Exercise has many benefits and is key to maintaining a healthy body weight and preventing many different cancers. In addition, exercise reduces the risk of heart disease and metabolic diseases like diabetes that are common in patients with prostate cancer.

Fitness is also critical for prostate cancer survivorship; a regular pattern of exercise can enhance your ability to maintain the best health and quality of life during and after prostate cancer treatments.



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Maintain a healthy

weight. Keeping a healthy weight may help prevent prostate cancer. It can also improve how treatments may work and your ability to tolerate them. **Stop smoking.** Using tobacco products is a significant risk factor for many cancers as well as heart (cardiovascular) disease.

Smoking is also a modest risk factor for prostate cancer and if you stop smoking, it can reduce your risk of cancer over time.

In addition, heavy smokers who continue to smoke are more likely to receive a poorer prognosis after diagnosis and treatment of prostate cancer.

Chemoprevention. Some studies with specific drugs that are used to treat an enlarged prostate (benign prostatic hypertrophy), such as finasteride and dutasteride, have shown some potential benefits.

If you are at risk of prostate cancer, you should discuss if these medications may be appropriate with your doctor.

Ongoing studies are examining the potential impact of other pharmaceuticals to prevent prostate cancer.

Nutrients and other

supplements. A few studies have examined if vitamins, minerals,

essential amino acids or fatty acids can reduce the risk of prostate cancer.

At this time, none of these supplements have clearly demonstrated if they lower prostate cancer risk.

However, some studies have shown that supplemental vitamin E, folate or calcium use may increase the risk of prostate cancer.

SECTION 2

UPCOMING **EVENTS**

NATIONAL PANHELLENIC COUNCIL HOPE **SCHOLARSHIP**

The NPHC-Columbus is dedicated to enhancing the educational opportunities of underrepresented collegiate bound students through the offering of scholarships.

We strongly believe that in order to impact leadership of tomorrow, we must invest into the youth today. In keeping with its mission. The NPHC HOPE Scholarship was created to assist students with the high cost of textbooks & study

materials. NPHC Scholarships will be awarded in the amount of \$1,000.00 - \$5,000 each.

Funds may be used for payment of books, equipment (i.e. computer or instrument) or supplies.

..Proof of enrollment must be shown before any non-recurring payment is made.

Eligibility Requirements

Enrolled officially as a senior in the current 2023-2024 academic year, in any school located in Franklin County, Ohio

Registered guardianship address identified as a resident in the Franklin County, Ohio

Received a minimum of a 2.5 GPA on a 4.0 scale

Scheduled to attend an accredited college or university or certificated trade program in the Fall 2024

May 13, 2024 - Application Deadline

For more information, please contact,

NPHC Scholarship Chairman Colonel Matthew Coleman

at mbcoleman1003@gmail.com.

Apply HERE:

https://docs.google.com/.../1m9Pc m6izkJQvDXtWfJKu.../edit...



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GRAND CONCLAVE "A Conclave with a Purpose"



Regarding the 84th Grand Conclave in Tampa – June 26 to July 2, 2024: The Grand Conclave is not just a great convention; it is a celebration of our brotherhood, a time for reflection, and a platform to plan our future endeavors.

This event will be marked with purposeful discussions, fraternal fellowship, and memorable activities as we impact the community and this country. I urge each of you to attend and participate actively in shaping our future.

<Click Image to Register>



Host Chapters

- Pi Iota (Tampa)
- Epsilon Mu Mu (Tampa)
- Eta Rho (St. Petersburg)
- Upsilon Xi (Lakeland)
- Pi Beta Beta (Bradenton/ Sarasota)
- Upsilon Delta (University of South Florida
- < Click here for Conclave Agenda>

RICK LEWIS II MEMORIAL GOLF OUTING



Brother Rick Lewis II, Iota Psi 2010

Please join us at the Mud Run Golf Course 2000 South Hawkins Avenue, Akron Ohio on June 29, 2024. Play golf for a cause. Proceeds go to fund the Pancreatic Cancer Action Network.

Shotgun start at 9:00 am, play until 12:30 pm, followed by lunch and a raffle between 12:30 pm to 6:00 pm.



<u>ii-memorial-golf-</u> outing.perfectgolfevent.com

Donate in Rick's

honor: <u>http://support.pancan.or</u> g/goto/Addlib_Rick